SS to do list: (LOOK AT TIMELINE TO CHANGE DATES)  
  
- After Bulbasaur evolved into Ivysaur: teach Ivysaur TM 27 Return and TM 75 Swords Dance.  
- Use PP Max on Power Whip.  
- Have this moveset for Ivysaur: Sleep Powder/Swords Dance/Earthquake/Solarbeam, Power Whip, Razor Leaf, “attacking” move (Ivysaur mostly uses melee attacks, so Return? Smash bros fighter moveset. Ivysaur will have high friendship stat due to vitamins + soothe bell).   
- Give Ivysaur Muscle Band/Wide Lens/Miracle Seed.  
- Ivysaur’s moveset: Power Whip, Razor Leaf, Strength, Swords Dance/Sleep Powder/Solarbeam/Earthquake @ Wide Lens/Miracle Seed/Muscle Band  
  
Notes:  
• Marowak doesn’t necessarily need HMs. Might have to teach Scizor Cut in order to go through Erica’s gym in Kanto.

- Start new SS game, RNG ID/SID in SS on Jan-5-2011  
for HGSS ID manip:  
Seed to time: paste the correct ID/SID Seed here (ID: 23511, PID: 23277)  
Pandora's box: check what delay you got, minimum delay 5000, maximum delay 6000  
calibrated delay that worked in HG: 648  
make target sec 2 seconds lower on eon timer, so target seconds of 50 = 48 in eon timer.  
- Choose Cyndaquil.  
- Go to Mr. Pokemon’s house, pick up the egg, go back to Cherygrove City, then beat Rival Silver when I leave Cherygrove City towards New Bark Town.  
- After returning from Mr. Pokemon to Elm’s lab and receiving Pokeballs from Lyra: catch 1 Sentret, male, level 2 at Route 29. (Pretend this didn’t happen, or see it as “practice on Sentret but not keeping them”. “Pretend I practiced catching or something on Magikarp and Sentret.”) Can’t get the old rod, have to beat the first gym for that.  
- Make sure to have at least 2 with Adamant Nature and 2 with Brave male Magikarp. Also 2 other male Magikarp. So have a full team of 6 male Magikarp in Platinum (All of them obtained date of 5-Jan-2011).  
- Trade Sentret for a level 2 male Magikarp in Platinum, Brave nature, hatched in previous SS). Release the Sentret in Platinum.   
- Change date in SS, Platinum and Diamond to: Jan-5-2011   
- Go to Cherygrove City.  
- Trade Squirtle egg from Diamond for Cyndaquil. Release Cyndaquil in Diamond.  
- Go to New Bark Town (dodge encounters!) and hatch Squirtle in New Bark Town. Save the game after I have hatched Squirtle.  
- Go back to Cherygrove City Pokemon Center (lead with Magikarp, dodge encounters!). From now on pretend I’m in Kanto, only gen 1 encounters allowed! Houndour is allowed when I get Blastoise (cause I’m from Johto)  
- Trade Squirtle to Platinum for Adamant level 1 male Magikarp, hatched in previous SS (Equip it with a Leppa Berry). Got 2 Magikarp in SS party now.  
- In Platinum: put level 2 Mild Magikarp in box.  
- EV train Squirtle (see word document) in Platinum and train him till he’s a level 40 Blastoise.   
- “Beat Brock with Squirtle”  
- Evolve Squirtle to Wartortle on March 5th 2011 in Kanto.  
- Train Wartortle on the Kanto route in Platinum (“pretend it’s in Kanto”)  
- “Beat Misty with Wartortle in March 2011.”   
- Evolve Wartortle to Blastoise before challenging Lt. Surge.  
- Evolve Wartortle to Blastoise on May-5-2011 in Kanto.  
- Train Blastoise till level 40 May-5-2011 till May-22-2011. (“pretend I learned Hydro Pump”)  
- Teach Blastoise Skull Bash over Bite.  
- Teach Blastoise TM 13 Ice Beam over Water Pulse.   
- Use PP Max on Hydro Pump and Ice Beam.  
- Give Blastoise Wide Lens.  
- Blastoise’s moveset: Hydro Pump, Ice Beam, Skull Bash, Rapid Spin   
- After this go to New Bark Town and catch Scyther.  
- Save the game in Jubilife City!  
- Withdraw Mild Magikarp in Platinum, trade Blastoise back to Soul Silver for level 2 Adamant Magikarp.  
- Travel back to Johto and “catch” the Scyther on May-23-2011.  
- Change date in SS, Platinum and Diamond to: May-23-2011.   
- Trade Power items (Anklet, Lens) from Platinum to Diamond. Trade using the Sentret in Diamond Box, and by using the Magikarp. Trade the Sentret back to Diamond.  
- Trade Scyther egg from Diamond to SS for the level 1 Adamant Magikarp.  
- Hatch Scyther in New Bark Town.  
- Scyther’s level 1 moveset: Vacuum Wave, Quick Attack, Leer, Cut.  
- “Train Scyther” and beat Lt. Surge, Erika, Koga, Sabrina, Blaine and Giovanni with Blastoise and Scyther in June, July and first half of August 2011.  
- Travel to New Bark Town.   
- Change date to Aug-23-2011 and go to Cherygrove City Pokemon Center. Trade Scyther to Platinum for a Magikarp. Equip Scyther with Metal Coat and trade Scyther back from Platinum to Cherygrove city so it evolves into Scizor. (pretend Scyther got some training). If you evolve Scizor at level 1 it… LEARNS BULLET PUNCH. Teach Bullet Punch over leer.  
- Scizor’s moveset: Quick Attack, Bullet Punch, Cut, Vacuum Wave.  
- Buy 11 pokeballs (you receive 5 from Elm) and catch 5 Sentret, male, level 2. Catch rate = 33.3% so using 2 pokeballs = 50% chance to catch one (<https://www.dragonflycave.com/calculators/gen-iii-iv-catch-rate>). Save before trying to catch Sentret.  
Trade the following items from Diamond to SS: (Leave Scizor in party when I trade items)  
- 10 Carbos (Scizor)  
- 10 Protein (Scizor)  
- 8 HP Ups (Scizor)  
- Power Bracer (Scizor)  
- Power Anklet (Scizor)  
- PP Max (Bullet Punch)  
• After that, release the 5 Sentrets in SS, but keep the Sentrets in Diamond. Pretend I never owned the Magikarp and Sentret.  
• After this, EV train Scizor.  
• Give Scizor Metal Coat to hold.  
• After this, trade this Scizor and Blastoise in SS meant for Platinum adventure to current Diamond file.  
• Get a new Blastoise and Scizor ready for SS adventure. Start a new SS file with new Scizor and Blastoise. Do this on my other SS cartridge. Need to RNG Latios so I need to RNG it in this new file. That is why I will play SS. Change dates in SS file and Platinum file back to Jan-5-2011 and prepare this Squirtle and Scyther the same way as I did with the first ones. Do this by hatching the second Squirtle and Scyther eggs from Diamond.  
- Trade the following items from Diamond to new SS: (Leave Scizor in party when I trade items)  
- 30 Leppa Berries (Hydro Pump)  
- 20 Heart Scales (gonna use them a lot)  
- 10 Carbos (Scizor)  
- 10 Protein (Scizor)  
- 8 HP Ups (Scizor)  
- Power Bracer (Scizor)  
- Power Anklet (Scizor)  
- PP Max (Bullet Punch)  
- Metal Coat (Scizor)  
- Choice Band (Scizor)  
- Leftovers (Scizor)  
- 2 TM 13 Ice Beam (Blastoise)  
- 6 TM 27 Return (just in case)  
Total = 92 items = 19 trades back and forth.  
- After that, release the 5 Sentrets in new SS, but keep the Sentrets in Diamond. Pretend I never owned the Magikarp and Sentret.  
• After this, EV train Scizor.  
• Give Scizor Metal Coat to hold.  
• After preparing I have in SS:   
\*Scizor level 11/12 (after EV training) @ Muscle Band/Metal Coat/Choice Band  
moves:  
- Bullet Punch  
- Quick Attack  
- Cut  
- Vacuum Wave  
\*Blastoise level 40 @ Wide Lens  
moves:  
- Hydro Pump  
- Ice Beam  
- Skull Bash  
- Rapid Spin  
• Begin Johto journey with Scizor and Blastoise. Look at backstory for changes of dates before fighting gyms. Start Johto Journey on Sep-1-2011.  
- Beat 1st gym around 11 September 2011.  
- The guy on Route 32, south of Violet City, blocks me if I don’t have the Violet City gym badge.  
- After beating Falkner, Elm will call me, saying I can pick up the egg at the Violet City Poke Mart.  
- The guy on Route 32 will still block me if I haven’t visited the Poke Mart to pick up the egg.  
- I can’t not take the egg, because the guy will still block me. I have to take the egg.  
- After receiving the egg, a Kimono girl will approach me and will mention the egg in her dialogue.   
- After that, go to the Pokemon Center in Violet City and trade the egg for a Sentret from Diamond. Release the Sentret is SS.  
- Beat 2nd gym end of September 2011.   
- After beating Bugsy: Receive TM 89 U-turn. Scizor’s moveset: Bullet Punch, Quick Attack, Cut, Pursuit.   
- Teach Metal Claw over Pursuit when Scizor reaches level 21.  
- At Goldenrod City: change day of the week to Sunday: go to the Goldenrod mart 5th floor, show Scizor with high friendship to the lady behind the counter to get TM 27 Return.   
- Beat 3rd gym around Oct-11-2011.   
- At Goldenrod North Gate: don’t take the Spearow (Kenya).  
- At National Park: pick up Quick claw.  
- Kill the Sudowudoo.  
- Beat 4th gym end of October 2011.  
- At Route 42, outside of Mt. Mortar receive HM 04 Strength from a Hiker.  
- Teach Strength to Blastoise over Skull Bash.  
- After beating Morty and getting Surf, teach Surf to Blastoise after lighthouse in Olivine City. Teach it over Rapid Spin. Use Surf to attack when battling trainers in the water, cause it makes sense.   
Blastoise’s moveset: Hydro Pump, Ice Beam, Strength, Surf.  
Scizor’s moveset: Bullet Punch, Metal Claw, Quick Attack, Cut.  
- At Olivine Lighthouse: Pickup Rare Candy, location: 3F northwest corner, outside ledge.  
- Beat 5th gym around November 10 2011.  
- Against Jasmine: Give Scizor Choice Band/Metal Coat/Leftovers/Paralyz cure berry. Use Strength against Magnemites. Maybe use Blastoise against Steelix? Probably? Will see how it goes then. Probably most challenging gym fight. Magnemites have Magnet Pull.  
strat: Defeat Magnemites with Scizor using Cut. Then hit Steelix with Scizor until I’m at very low health. Switch to Blastoise and finish Steelix off with Blastoise Hydro Pump.  
- Beat 6th gym end of November 2011.  
- Mahogany Town gym is blocked, reach Lake of Rage around begin December 2011.  
- At Lake of Rage: defeat Red Gyarados to calm it down.  
- Get TM 10 Hidden Power in Lake of Rage, North West House, high tide only.  
- Pick up Rare Candy at small gap South East of the Lake.  
- Beat Price around December 7th 2011.  
- After beating Team Rocket: pick up Amulet Coin (Department Store basement) and Brightpowder (Radio Tower 4th floor).  
- Pick up a hidden Heart Scale at Route 32 south of Violet City. In the small rock in the water next to the fisherman.  
- After reaching Blackthorn City: Scizor should be at level 40 by now, reaching Blastoise’s level. This means I can switch between them.  
- Teach U-turn to Scizor over Metal Claw.  
- Beat 8th Gym end of December 2011. Receive TM 59 Dragon Pulse from Clair as a reward.  
- After beating Clair, teach Whirlpool to Blastoise over Ice Beam.  
- Go to Dragon’s Den, answer the questions right in order to pick up a Dratini there later if I eventually want it. You can get a Extremespeed Dratini if you answer the questions right and after you go back to the Dragon’s Den after receiving the TM from Clair.  
- After Dragon’s Den go to Move Deleter and delete Whirlpool. And teach Blastoise TM 13 Ice Beam.  
- For route 45: use map of this route (can be found online).  
- After beating 8th gym and returning to New Bark Town: receive Master Ball from Elm. Elm will hint about going to Kimono girls.   
- After that, change date to Jun-23-2012 in original SS file and new SS file.  
- In original SS file: catch 5 male Sentret level 2. Trade the Sentret for the Sentret that are in Diamond.  
Trade the items below from Diamond to SS.  
- 10 Carbos (Marowak)  
- 10 Protein (Marowak)  
- Thick Club (Marowak)  
- TM 75 Swords Dance (Marowak)  
- TM 80 Rock Slide (Marowak)  
- After that, catch another Sentret male level 2.   
- After that, release the Sentret that are in original SS.  
- After that, trade Cubone egg from Diamond to original SS for male Sentret level 2.   
- Hatch Cubone in New Bark Town on Jun-5-2012. Pretend I got Cubone gifted.  
- Marowak: Jun-5-2012, New Bark Town, Medium Fast Experience,   
moves: Bone Club/Earthquake, Growl/Focus Energy/False Swipe/Thrash/Return/Double-edge, Tail Whip/Leer/Bonemerang, Headbutt/Rock Slide/Swords Dance @ Thick Club  
- Change date to Jul-1-2012 and EV train Cubone (look at word file).  
- After that, trade Cubone to new SS.  
• Train Cubone till it evolves into Marowak. On Sep-15-2012: evolve him into Marowak.  
• Train Marowak to level 30.  
• Beat Kimono girls in new SS file with SBM on Nov-2012.  
- Teach Whirlpool to Blastoise over Ice Beam.  
- After that go to Whirl Islands and beat Lugia (necessary to progress the game).   
- Go to Blackthorn City and delete Whirlpool on Blastoise and replace it with Waterfall. Blastoise’s moveset: Hydro Pump, Strength, Surf, Waterfall.   
- Go to Mt. Mortar: use a map of Mt. Mortar and go to 2nd floor and pick up TM 40 Aerial Ace. (only accessible by Waterfall)  
• Marowak’s moveset: Bone Club, Bonemerang, Thrash, Rock Slide.  
- Teach Marowak TM 27 Return over Thrash.  
- Train Marowak in Victory Road. To level 40/45?  
- In Victory Road pick up TM 26 Earthquake (3F, going down last hole)  
- Teach Marowak Earthquake over Bone Club?  
- Marowak’s moveset: Bonemerang, Bone Club/Earthquake, Return, Rock Slide @ Thick Club  
- Teach Scizor TM 27 Return over Quick Attack.  
- Scizor’s moveset: Bullet Punch, U-turn, Cut, Return @ Metal Coat/Choice Band  
- Change date to Dec-23-2012 and go to the Pokemon League. Beat Pokemon League in new SS with SBM.  
• Beat League and get Kanto 8th badge with SBM in new SS file (Crystal Tribute).  
• After getting 8th badge unlock Mt. Silver.   
- After beating Kanto, go to prof. Oak in Pallet Town to receive HM 08 Rock Climb and to unlock access to Mt. Silver.  
- 2013: Travel around with Scizor/Blastoise/Marowak. Pretend I’m training Scizor/Blastoise/Marowak in Johto and Victory Road in 2013. Pretend I’m training them for the SS Johto Battle Tower.   
- Jan-2014: Pretend I’m challenging the SS Johto Battle Tower with SBM. Pretend I win the Gold Shield as an reward for getting 100 consecutive wins with SBM.  
- After that, change date to Jan-10-2014 and buy pokeballs and catch 5 Sentret male level 2.   
- After that: go to Goldenrod City and trade the following items from Diamond to SS (Leave Scizor in party when I trade items):  
- 1 Power Weight  
- 1 Power Anklet  
- 1 Power Bracer  
- 1 Power Lens  
- 10 Hp Up (Beldum)  
- 30 Carbos (Latios, Torchic, Larvitar)  
- 30 Protein (Torchic, Beldum, Larvitar)  
- 10 Calcium (Latios)  
- 1 Wide Lens (Torchic)  
- 1 Muscle Band (Larvitar)  
- 6 TM 04 Calm Mind  
- 6 TM 10 Hidden Power  
- 1 TM 26 Earthquake (Beldum)  
- 1 TM 75 Swords Dance (Torchic)  
- 1 PP Max (Blaze Kick)  
- 4 Star Pieces (Beldum, perhaps later for Trick)  
Total amount of items: 105. That is 21 times trading back and forth. Trade the Sentret in SS1 for the Sentret that are in Diamond.  
- Release the Sentret traded to SS1.  
• After that, change date to Jan-10-2014 and trade Larvitar egg from Diamond to new SS file. Hatch Larvitar egg in Mt. Silver.  
- Larvitar: Jan-10-2014, Mt. Silver, Slow Experience, moves:  
Bite/Payback, Leer/Thrash/Crunch, Rock Slide/Stone Edge, Scary Face/Dark Pulse/Earthquake/Hyper Beam  
- EV train Larvitar in Feb-2014.  
- After that, evolve Larvitar to Pupitar Apr-2014.  
- After that, evolve Pupitar to Tyranitar Jul-2014.  
- After this, go to Cherygrove City (“Pretend I receive Torchic from prof. Elm in New Bark Town as a reward for winning the 3 on 3 tournament 2 times”).  
- Catch a male Sentret level 2.  
- Trade Torchic egg from Diamond to original SS file.  
- Hatch Torchic egg on Jan-23-2015 in New Bark Town.  
- Torchic: Jan-23-2015, New Bark Town, Medium Slow Experience,  
moves: Scratch/Quick Attack/Return, Growl/Peck/Double Kick/Swords Dance, Focus Energy/Sand-Attack/Bulk Up/Fire Punch, Ember/Return/Blaze Kick @ Wide Lens @ Wide Lens  
- Jan-2015 till Aug-2015: Travel through Hoenn with Torchic/Scizor/Blastoise/Marowak (Pretend I’m in Hoenn but I do this in Johto).  
- EV train Torchic Jan-2015 and Feb-2015. (Pretend I’m in Hoenn but I do this in Johto SS)  
- Evolve Torchic to Cumbusken Mar-15-2015 (Pretend I’m in Hoenn but I do this in Johto SS)  
- Start challenging Hoenn gyms in March-25-2015 with Combusken (Pretend I’m in Hoenn but I do this in Johto SS)  
- Hoenn gyms:  
Gym 1: Combusken  
Gym 2: Combusken  
Gym 3: Combusken  
Gym 4: Combusken  
Gym 5: Blaziken  
Gym 6: Scizor, Blaziken (Blaziken vs Skarmory)  
Gym 7: Scizor, Blastoise  
Gym 8: Scizor, Blastoise  
- When Combusken is level 30: teach Return over Ember.  
- When Combusken is level 35: go to Kanto Route before Victory Road.   
- Train Combusken there till level 36 and evolve Combusken into Blaziken May-25-2015. Teach Blaze Kick over Return.  
- Go to Goldenrod City. (Pretend it’s Lilycove City)  
- Use PP Max on Blaze Kick.  
- Give Blaziken Wide Lens.  
- Go to Blackthorn City, go to Move Relearner and teach Blaziken Fire Punch over Bulk Up.  
- Teach Blaziken Return over Quick Attack (Pretend Return is Extremespeed).  
- Teach Swords Dance over Double Kick to Blaziken.  
- Train Blaziken to level 40 Jun-2015. Try to train Blaziken to level 45 in Victory Road.  
- Blaziken’s moveset: Return, Blaze Kick, Fire Punch, Swords Dance.  
(Pretend Return = Extremespeed)  
- After that, obtain Beldum in Goldenrod City. Hatch Beldum egg in Goldenrod City on Jun-23-2015.  
\*Beldum: Jun-23-2015, Goldenrod City, Slow Experience,  
moves: Headbutt/Strength, Take Down/Pursuit/Hammer Arm/Earthquake, Metal Claw/Bullet Punch, Confusion/Psychic/Flash @ Leftovers?  
- Teach Beldum Headbutt through Move Tutor in SS1. The Headbutt Move Tutor is in Ilex Forest.  
- EV train Beldum Jun-2015 in Johto. Pretend it’s Hoenn. Give Beldum the following EV spread: 204 hp, 252 atk, 52 speed. This way Metagross outspeeds level 35 Timid 31 IV Latios at level 53.  
- Evolve Beldum into Metang in Aug-2015.   
- Teach Metang Strength over Headbutt after evolving.  
- Evolve Metang into Metagross Oct-20-2015.  
- Teach Metagross Hammer Arm over Pursuit after evolving.  
- After visiting pokefanclub in Vermillion City in SS2, Latios roams around. LATIOS WILL ROAM AROUND IN KANTO AFTER GETTING NATIONAL DEX AND AFTER YOU TALKED TO POKEMON FAN CLUB MAN.  
- After that, find Latios in SS2 and kill it.   
- After that, train Metagross to level 53 in SS1, it learns Meteor Mash then. Teach Meteor Mash over Psychic.  
- After that, go to SS2 Battle Tower. Go to the Battle Factory and get 32 Battle Points.   
- Go to Battle Frontier Move Tutor and teach Metagross Block. Teach it over Hammer Arm.  
Metagross moveset: Strength/Meteor Mash/Bullet Punch/Block  
- After that trade 2 Chatot eggs over from Diamond to SS2.  
- Hatch the Chatot eggs on Nov-15-2015.  
- Level both Chatots up till level 21, they will learn Chatter at this level. Level them further up to level 23. After this, give them a custom Chatter, which can be used for advancing frames. I can’t use Elm calls to advance the frames because the pokegear phone doesn’t work during the Pokemon League.  
- When challenging the Pokemon League round 2, have the 2 Chatot in my team. Also have the high level Scizor from Diamond in my team. Team consists of Scizor, Chatot, Chatot.  
- Challenge the League round 2 in SS2. Save before challenging Lance and RNG manip Latios. Use 2 Chatots for advancing the frames.  
- Save the game and catch Latios with a Master Ball to see if it’s the right one. If not, do the League again and try again. If it is the right one, restart the game and trade Scizor and Chatots from SS2 to Diamond. Then trade Scizor, Blastoise, Marowak, Blaziken, Metagross from SS1 to SS2.

- In SS2: buy 100 Pokeballs.  
- In SS1: Go to Blackthorn City. Go to Move Relearner and teach Scizor False Swipe over Return.  
- Change date to Dec-23-2015 and catch Latios in Kanto on route 5 (Unfortunately there is no route 23 in Gen 4).  
STRATEGY:   
- Use the following team to catch Latios: Scizor, Blastoise, Marowak, Blaziken, Metagross. Trade them to SS2 from SS1 for Sentrets.  
- RNG catch Timid Latios in SS2 (Only Mischievous/Often dozes off unfortunately. Choose Mischievous). When trying: This wasn’t hard to do. KO the Latios and go to the pokemon league with 2 Chatot. Save right before going to battle with Lance. Use other 2 roamers to verify in seed to time. Use 2 Chatot cries to advance frame. Go to a kanto route and check pokegear for location. First encounter Latios with Scizor leading and use False Swipe until Latios is at 1%. When Latios HP is 1%: put Metagross in the lead and encounter Latios on Route 5. Use Block, then try to catch Latios with a lot of Pokeballs.   
- After this, release Chatots.  
- Trade Scizor, Blastoise, Marowak, Blaziken, Metagross, Latios from SS2 to SS1. Trade them for male Sentret level 2.  
- Teach Strength to Scizor over False Swipe.  
- Teach Metagross TM 26 Earthquake over Rock Bullet Punch and TM 70 Flash over Block.  
- Metagross moveset: Strength, Earthquake, Meteor Mash, Flash @ Leftovers  
- After this, teach Latios Surf over Dragonbreath. Latios moveset: Surf, Protect, Refresh, Luster Purge.   
- EV train Latios in January.   
- After this, go to Blackthorn City and teach Latios Dragon Pulse over Protect.  
- Teach Latios Fly over Luster Purge.  
- Latios moveset after EV training: Dragon Pulse, Recover, Surf, Fly.  
- After this, get the Soul Dew to SS from Diamond and give it to Latios.  
- Train Latios Jan-2016 till Apr-2016. Train Latios throughout Johto and in Victory Road. Maybe train him in SS2 Mt. Silver as well. Teach Latios Recover over Refresh. Train Latios to level 50 in Apr-2016.  
- Apr-2016 til Jun-2016: train with Scizor/Blastoise/Marowak/Blaziken/Metagross/Latios in Victory Road and travel through Kanto/Johto/Hoenn on bike and flying on Latios.  
- Pretend I win the SS Johto Silver Conference Pokemon League in Summer-2016 (before Sep-2016) with SBMBML (Not actual ingame Pokemon League).   
- Nov-2016 til Dec-2016: train with Scizor/Blastoise/Marowak/Blaziken/Metagross/Latios in Victory Road and travel through Kanto/Johto/Hoenn on bike and flying on Latios to prepare for Johto Champions League (Actual ingame league 1st time).  
- Before challenging League, go to Blackthorn City, delete Waterfall and Strength on Blastoise and teach Rapid Spin and TM 13 Ice Beam to Blastoise (I can now Fly to the Pokemon League thanks to Latios). I want to keep Surf on Blastoise for Kanto and Sinnoh.  
- Teach Marowak Swords Dance over Rock Slide.  
- Train Blaziken to level 50 in Victory Road.  
- Scizor’s moveset: Bullet Punch, U-turn, Cut, Strength @ Metal Coat/Choice Band  
- Blastoise’s moveset: Hydro Pump, Ice Beam, Rapid Spin, Surf @ Wide Lens  
- Marowak’s moveset: Bonemerang, Earthquake, Return, Swords Dance @ Thick Club  
- Blaziken’s moveset: Return, Blaze Kick, Fire Punch, Swords Dance @ Wide Lens   
- Metagross’s moveset: Strength, Earthquake, Meteor Mash, Flash @ Leftovers  
- Latios’ moveset: Dragon Pulse, Recover, Surf, Fly @ Soul Dew  
- After that, pretend I train my team in Mt. Silver/Victory Road and then challenge SS1 Champions League on Dec-23-2016 (actual ingame Pokemon League. I can challenge E4 + Champion after winning the Pokemon League). The day that I beat the Champion is on Dec-23-2016. Challenge SS1 League when all team members are at least level 50. Defeat SS1 League with SBMBML.  
- Put Marowak, Blaziken, Metagross in Box.   
- After this: Receive S.S. ticket from Elm.  
- After that, go to Kanto with SBL Jan-2017 till Jun-2017.  
- After that, go to Olivine City, go to the harbor and receive National Dex from prof. Oak.  
- After this travel to Kanto in SS1 and beat the 8 Kanto gyms and unlock Mt. Silver (I will face gen 3 and gen 4 pokemon from trainers in Kanto and from Kanto gym trainers). Do Kanto with Scizor/Blastoise/Latios. “Pretend I travel on bike and flying on Latios.” Do this Jan-2017 till Jun-2017.  
- Scizor’s moveset: Bullet Punch, U-turn, Cut, Rock Smash @ Metal Coat/Choice Band  
- Blastoise’s moveset: Hydro Pump, Ice Beam, Strength, Surf @ Wide Lens  
- Latios’ moveset: Dragon Pulse, Recover, Surf, Fly @ Soul Dew  
In box: Blaziken, Metagross, Marowak.  
- Kanto Gyms rematch: Scizor, Blastoise, Latios.  
- Johto Gyms rematch: Scizor, Blastoise, Latios.  
- After this, pretend I train in Mt.Silver and Victory Road with SBMBML Dec-2017. Prepare them for the SS Johto Champions League rematch. Pretend I’m being challenged now, and that I have to defend my title as Champion. Train my team in Mt. Silver: Get SBMBML to even levels.  
- Teach Marowak Double-Edge over Return at level 53.   
- Teach Blaziken Sky Uppercut over Fire Punch at level 59.  
- Delete Cut on Scizor and relearn Scizor X-Scissor.  
- Delete Strength on Scizor and relearn Scizor Swords Dance.  
- Delete Surf on Blastoise and teach Blastoise TM 27 Return.  
- Dec-23-2017: Defend SS Johto Champions League title (SS1 League R2) with SBMBML.  
\*Scizor (Bullet Punch, X-Scissor, U-turn, Swords Dance) @ Metal Coat  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Return) @ Wide Lens  
\*Marowak (Bonemerang, Earthquake, Double-Edge, Swords Dance) @ Thick Club   
\*Blaziken (Return, Blaze Kick, Sky Uppercut, Swords Dance) @ Wide Lens  
\*Metagross (Strength, Meteor Mash, Earthquake, Flash) @ Leftovers?  
\*Latios (Dragon Pulse, Recover, Surf, Fly) @ Soul Dew  
- After that, train team in Mt.Silver. Latios learns Dragon Pulse at level 70.   
- After that, teach Blastoise Rock Climb over Return. (NEED THIS FOR MT. SILVER, PRETEND I CLIMB WITH BLASTOISE. Only Rock Climb HM is required to reach Red.)  
- After that, change date to Jan-23-2018 and beat Red in SS1 with SBMBML.  
- Against Red use Scizor, Blastoise, Marowak, Blaziken, Metagross, Latios.  
In box: Tyranitar  
Team:  
\*Scizor (Bullet Punch, X-Scissor, U-turn, Swords Dance) @ Metal Coat  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Rock Climb) @ Wide Lens  
\*Marowak (Bonemerang, Earthquake, Double-Edge, Swords Dance) @ Thick Club   
\*Blaziken (Return, Blaze Kick, Sky Uppercut, Swords Dance) @ Wide Lens  
\*Metagross (Strength, Meteor Mash, Earthquake, Flash) @ Leftovers?  
\*Latios (Dragon Pulse, Recover, Surf, Fly) @ Soul Dew  
Against Pikachu: Scizor  
Against Charizard: Blaziken/Latios  
Against Lapras: Blastoise   
Against Blastoise: Latios   
Against Venusaur: Metagross  
Against Snorlax: Marowak/Scizor  
- After that, delete Rock Climb on Blastoise and teach Blastoise Strength.  
- After that, change date to Oct-23-2018: Obtain Gible. Pretend I receive Gible Egg as reward for becoming the Johto Champion and hatch Gible Egg in New Bark Town.  
- After that, change date to Nov-23-2018: RNG Zapdos at Route 10 next to Power Plant SS1. This requires a Synchronize lead pokemon with Timid Nature. See Zapdos folder in pkmn plan.  
- After that, teach Zapdos Fly over Agility.  
- After that, EV train Zapdos in Dec-2018.  
- After this, teach Zapdos Hidden Power over Charge.   
- Train Zapdos till level 60 or 70 in Dec-2018. At level 57, Zapdos learns Roost. Teach Roost over Ancientpower.  
- Zapdos moveset: Thunderbolt, HP Grass, Roost, Fly.  
- After that, delete Surf on Latios and teach Latios Thunder Wave.  
- After that, delete Fly on Latios. Teach Latios TM 04 Calm Mind.  
- After that, change date to Dec-23-2018 and defend SS Johto Champions League title with SBMZML (actual ingame League R2). Pretend I got a new challenger.  
Team:  
\*Scizor (Bullet Punch, X-Scissor, U-turn, Swords Dance) @ Metal Coat  
\*Blastoise (Hydro Pump, Ice Beam, Rapid Spin, Rock Climb) @ Wide Lens  
\*Marowak (Bonemerang, Earthquake, Double-Edge, Swords Dance) @ Thick Club   
\*Zapdos (Discharge, HP Grass, Roost, Fly) @ Leftovers?  
\*Metagross (Strength, Meteor Mash, Earthquake, Flash) @ Leftovers?  
\*Latios (Dragon Pulse, Calm Mind, Recover, Thunder Wave) @ Soul Dew  
In box: Blaziken, Tyranitar  
- After this, get TM Thunderbolt in Cerulean Cave.  
- After this, go to Blackthorn City Move Deleter and delete Fly on Zapdos. Teach Zapdos Thunderbolt.  
- After this, teach Scizor Cut over X-Scissor.  
- Teach Scizor Rock Smash over Swords Dance.   
- Travel to Goldenrod City and save the game.